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BEFORE SCHOOL, AFTER SCHOOL AND ANYTIME IN BETWEEN NUTRITIOUS AND INNOVATIVE MENUS K-8 EDUCATION CAMPUS



MONDAY | 29

TUESDAY | 30

WEDNESDAY | 31

THURSDAY | JUN 1

FRIDAY | JUN 2

BREAKFAST

NO	Sausage Biscuit Breakfast Sandwich	Chocolate French Toast Bites V	Biscuit w/Old-Fashioned Country Gravy & Turkey Sausage Link	Egg & Cheese Bagel Sandwich V
SCHOOL	Maple Madness Mini Waffles V	Apple Frudel V	Tropical Mango Breakfast Round V	Strawberry Banana Bash Yogurt w/Graham Crackers V
	Orange Wedges Mixed Melon	Fresh Pear Mixed Fruit Salad	Fresh Apple Pineapple Tidbits	Fresh Banana Fresh Tangerine

Daily offerings include, assorted cereal bowls with graham crackers or assorted muffins with cheese stick. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. **V** denotes vegetarian choices (including milk and eggs) and **VE** denotes vegan choices. Locally Sourced items noted in **green**. This menu is subject to change and based upon product availability.

LUNCH

	Chicken Tinga Hard Shell Tacos	Cheese Pizza V	Turkey Hot Dog on Whole Grain Bun	Fajita Vegetable Quesadilla V
NO	Veggie Burger V on Whole Grain Bun	Cauliflower, Chickpea & Potato Curry w/ Brown Rice V	Veggie Pizza V	Bean & Cheese Nachos V
SCHOOL	Spinach Salad w/Oven Fired Flatbread V	Falafel & Vegetable Sub V	Buffalo Chicken Wrap	Sunbutter & Jelly Sandwich VE on Locally Sourced Bread
	Sweet Plantains Seasoned Black Beans	Roasted Broccoli & Carrots Caesar Side Salad	Oven Sauteed Spinach Sweet Yellow Corn	Mexican Roasted Sweet Potatoes Tomato Cucumber Salad
	Fresh Banana Fresh Pear	Orange Wedges Red Seedless Grapes	Fresh Blueberries Diced Peaches	Fresh Whole Apple Mixed Fruit Salad

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NUTRITIOUS AND INNOVATIVE MENUS

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MONDAY | 5

TUESDAY | 6

WEDNESDAY | 7

THURSDAY | 8

FRIDAY | 9

BREAKFAST

Strawberry & Greens Day

Sausage Breakfast Pizza	Hearty Oatmeal w/Warm Berries VE	Brioche Waffles & Warm Strawberries V	Hot Cheesy Grits w/Whole Grain Biscuit V	Cheesy Scrambled Eggs with Buttered Toast V
Strawberry Guava Danish V	Ultra Berry Bread V	Strawberry & Granola Greek Yogurt Parfait V	Cinnamon Mini Bagels V	Just Peachy Parfait w/Graham Crackers V
Orange Wedges Diced Pears	Warm Berries Fresh Pear	Baked Cinnamon Apples Mixed Melon	Fresh Banana Orange Wedges	Pineapple Tidbits Diced Peaches

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LUNCH

Strawberry & Greens Day

Glorious Mac & Cheese w/Garlic Knot V	French Toast Sticks w/Turkey Sausage & Syrup	Chicken Cordon Blue Burger on Whole Grain Bun	Butter Chicken w/Brown Rice	Buffalo Chicken Pizza
Veggie Pizza V	Vegan Rainbow Chili w/ Dinner Roll V	Veggie Tortellini w/Cheesy Breadstick V	Asian Noodle Bowl w/Broccoli V	Garden Veggie Wrap VE
Hearty Garden Salad w/Tortilla Chips V	Egg Salad Sandwich on Locally Sourced Bread	Classic Hummus Box VE	Jerk Chicken Wrap	Chicken Salad Sandwich on Locally Sourced Bread
Roasted Tuscan Vegetables Caesar Side Salad	Garlic Mashed Potatoes Sweet Peas	Basil Corn Salad Strawberry & Greens Salad	Roasted Broccoli & Carrots Garden Side Salad	Seasoned Black Beans Collard Greens
Fresh Tangerine Diced Pears	Fresh Blueberries Diced Peaches	Fresh Nectarine Mixed Fruit Salad	Fresh Whole Apple Green Seedless Grapes	Fresh Pear Applesauce

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MONDAY | 12

TUESDAY | 13

WEDNESDAY | 14

THURSDAY | 15

FRIDAY | 16

BREAKFAST

Whole Grain French Toast Sticks with Syrup VE	Cheesy Scrambled Eggs w/ Buttered Toast V	Hearty Oatmeal With Warm Berries VE	Egg & Cheese Flatbread Sandwich V	Pancake & Sausage Breakfast on a Stick w/ Syrup
Strawberry Banana Bash Yogurt w/ Graham Crackers V	Cinnamon French Toast Bites V	Whole Grain Bagel w/ Cream Cheese V	Apple Frudel V	Mini Blueberry Waffles V
Fresh Apple Fresh Pear	Diced Peaches Mixed Fruit Salad	Warm Berries Fresh Apple	Fresh Pear Pineapple Tidbits	Fresh Banana Baked Cinnamon Apples

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LUNCH

World of Flavors Cameroon Chicken & Jollof Rice	Buffalo Chicken Pizza	Herbs de Provence Drumstick w/Dinner Roll	Cheese Pizza V	Glorious Macaroni & Cheese w/ Garlic Knot V
Bean & Cheese Nachos V	Veggie Tortellini w/Cheesy Breadstick V	Asian Noodle Bowl w/Broccoli V	Veggie Burger on Whole Grain Bun V	Vegetarian Paella w/ Edamame, Tofu and Dinner Roll V
Buffalo Chicken Wrap	Sunbutter & Jelly Sandwich on Locally Sourced Bread VE	Classic Hummus Box VE	Hearty Garden Salad w/ Tortilla Chips V	Sweet Thai Chili Chicken Wrap
Sweet Plantains Mexican Corn	Sauteed Kale w/Ginger Caesar Side Salad	Garlic Mashed Potatoes Oven Sautéed Spinach	Seasoned Potato Wedges Roasted Broccoli	Roasted Mushrooms Parmesan Green Beans
Fresh Tangerine Red Seedless Grapes	Banana Diced Peaches	Fresh Whole Apple Green Seedless Grapes	Fresh Blueberries Fresh Pears	Fresh Peach Mixed Fruit Salad

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TUESDAY | 20

WEDNESDAY | 21

THURSDAY | 22

FRIDAY | 23

BREAKFAST

NO	Whole Grain French Toast Sticks w/ Syrup VE	Egg & Potato Breakfast Burrito V	Biscuit w/ Old- Fashioned Country Gravy & Turkey Sausage Link	NO
SCHOOL	Mini Blueberry Waffles V	Apple Frudel V	Just Peachy Parfait w/ Graham Crackers V	SCHOOL
	Fresh Tangerine Fresh Banana	Mixed Melon Diced Pears	Orange Smiles Diced Peaches	

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LUNCH

NO	Spaghetti & Marinara w/ Turkey Meatballs & Cheesy Breadstick	Cheeseburger on Whole Grain Bun	Spicy Asian Chicken w/Brown Rice	NO
SCHOOL	Grilled Cheese Sandwich on Locally Sourced Bread V	Asian Noodle Bowl w/Broccoli V	Veggie Tortellini w/Cheesy Breadstick V	SCHOOL
	Sunbutter & Jelly Sandwich on Locally Sourced Bread VE	Chicken Salad Sandwich on Locally Sourced Bread	Hearty Garden Salad w/ Tortilla Chips V	
	Parmesan Green Beans Roasted Tuscan Vegetables	Sweet Plantains Roasted Broccoli & Carrots	Seasoned Collard Greens Sweet & Sour Vegetables	
	Fresh Pears Fresh Blueberries	Fresh Whole Apple Orange Wedges	Fresh Banana Applesauce	

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